

**CALL N°02/2024****Selection for T4EU Summer Course  
Kaunas, Lithuania**

Considering the participation of Universidade Católica Portuguesa as one of the 10 members of the Transform4Europe Alliance, in an agreement signed on November 1, 2023.

Bearing in mind the provisions of the Transform4Europe project regarding the implementation of activities to be carried out by the Universidade Católica Portuguesa, namely the T4EU Summer Courses and the participation of the representation of the Universidade Católica Portuguesa in the Student Council of the Alliance.

Considering the participation of, at least, 2 students from the Universidade Católica Portuguesa to participate in the Transform4Europe Summer Course scheduled to take place from August 27th to 29th, 2024 in Lithuania.

The following conditions are determined for the special scholarship for T4EU Summer courses, referring to Work Package 2, Task 2.2 of the Work program:

**I – EVENT DETAILS**

Event Details:

- a. Name: Transform4Europe Summer Course “(CO)HAPPINESS LABORATORY”
- b. Date: from August 27<sup>th</sup> to 29<sup>th</sup>, 2024.
- c. Place: Location: Lithuania
- d. Organization: Vytautas Magnus University

**II - DEADLINE FOR APPLICATIONS**

Applications: June 7<sup>th</sup> to 23<sup>rd</sup>, 2024.

Validation and selection: until June 25<sup>th</sup>, 2024.

Disclosure of Results: until June 30<sup>th</sup>, 2024.

**III - VACANCIES**

Two (2) vacancies are open for the course offered.

**IV - CONDITIONS OF ACCESS**

1. The following criteria to apply:

- Current student at UCP enrolled in a Bachelor's, Master's, or PhD program;
- Demonstrate communication and comprehension skills in English;

### V - CANDIDACY

The application is made by the Executive Board of the T4EU Alliance at UCP, through the Internet, on the Portal: <https://www.ucp.pt/pt-pt/internacional/transform4europe>.

1. The application must be accompanied by the following:
  1. Fill out the application form provided at the following link before **11.59 pm, June 23th, 2024**:  
  
<https://forms.office.com/e/GZbVk6yhww>
2. Write a letter of motivation, in English, justifying your participation in the event (Maximum 500 words) answering to the following questions;
  - i. Why the choice this course?
  - ii. What do you want to take from your participation in the T4EU Summer Course into your academic / professional life?
  - iii. Out of the experience you will gain in the T4EU Summer Course, what will be the added value that you will bring to UCP and the students that didn't have the opportunity to attend (a roundtable discussion, an exchange of bibliography, a presentation in class, etc.)?
3. To be eligible, the application must meet all the criteria listed above.

### VI – COURSE

1. The tentative program offered, to be confirmed by the organizers, is:

|                      |   |
|----------------------|---|
| Monday, August 26    | <ul style="list-style-type: none"> <li>■ Arrival</li> <li>■ Welcoming event</li> </ul>  |
| Tuesday, August 27   | Happiness for myself: <ul style="list-style-type: none"> <li>■ “To be or not to be happy”</li> <li>■ “Happiness signals in my body and brain”</li> <li>■ “The more mindful and resilient, the happier”</li> <li>■ “Buying your happiness”</li> <li>■ Visit to the VMU Botanical Garden for relaxation practice</li> </ul> |
| Wednesday, August 28 | Happiness for others: <ul style="list-style-type: none"> <li>■ “Happiness is about helping others”</li> <li>■ “How to encourage growth mindset”</li> <li>■ “Leading for happiness”</li> <li>■ Creative walk on Freedom Avenue – seeing the happiness of others through a lens</li> </ul>                                  |
| Thursday, August 29  | Happiness for us: <ul style="list-style-type: none"> <li>■ “Different but happy”</li> <li>■ “Political design for happiness”</li> <li>■ “The power of social connection”</li> <li>■ Having fun with Lithuanian Folk dances</li> <li>■ Presentation of group proposals to a panel of judges</li> </ul>                     |
| Friday, August 30    | <ul style="list-style-type: none"> <li>■ Departure</li> </ul>   |

2. Each student participates in “(Co)Happiness Laboratory” course, which will run for 3 days as a Summer Course.
3. There will be only an in-person component. The in-person component will take place during the T4EU Summer Course, from 27<sup>th</sup> to 29<sup>th</sup> of August 2024. The exact information will be sent from the course leaders after the selection process is completed.
4. To complete the course, it will have to pass a knowledge test. After successful completion it will be

awarded 3 ECTS by the Vytautas Magnus University.

5. Courses details:

- a. Course language: English
- b. ECTS: 3 (three)
  - **Important:** "All credits obtained within this program are deemed extracurricular within the respective Study Plan. Universidade Católica Portuguesa will recognize the 3 ECTS within the Diploma Supplement."
- c. MIN. participants: 15 (of which, 2 from UCP).

## VII- SELECTION

1. The conduct of the admission process and selection of candidates is the responsibility of a jury appointed by the Executive Board of the T4EU Alliance of the Universidade Católica Portuguesa.
  1. The jury is invariably composed of:
    1. 2 (two) representatives of the T4EU Executive Board of the Universidade Católica Portuguesa;
    2. 1 (one) representative of the Vice-Rector of Research and Innovation.
2. The ranking criteria to be considered are as follows, not in this order:
  1. Fulfillment of all application requirements - excluding;
  2. Content of the Motivation Letter presented in the act of application and level of English in it - excluding;
  3. Student level and year hierarchy (within the enrolled program);
  4. Gender representation;
  5. UCP's Campus representation;

## VIII- SCHOLARSHIP

1. The scholarship offered is within the perspective of the T4EU Budget, containing the value of travel, accommodation and insurance for the selected students, to be considered 3 days and 2 nights of the T4EU Summer Course.
  1. Travel and lodging expenses must be in accordance with the Universidade Católica Portuguesa's Travel, Stay and Meal regulation.
2. The remaining expenses must be covered by the selected candidate.

## IX- EXCLUSION

Applications that are not accompanied by all the elements indicated, as well as those submitted after the application deadlines, are excluded outright.

## X - DISSEMINATION OF RESULTS

1. The list of selected candidates will be published on the Transform4Europe page of the Catholic University of Portugal: <https://www.ucp.pt/pt-pt/internacional/transform4europe>.
2. Results will be available until June 30<sup>th</sup>, 2024.

Lisbon, June 5<sup>th</sup>, 2024.